

# AID STATION VOLUNTEERS

## **Aid Station Volunteer Responsibilities:**

10 x 10 Tent & Table (4 Foot Table)

3-5 Volunteers: Refilling, handing out supplies, and filling cups)

1 - Five Gallon Water Cooler (Blanding City will Supply 2nd Cooler)

2 - Bags of Block Ice

## **Aid Station Volunteer Benefits:**

Logo on all Event T-Shirts and Logo on Aid Station Map on Website

Free T-shirt For Each Volunteer

### **Available Stations to Sponsor**

- **Mile 3 : Liquids**

- (Approximately 90 Minutes)

- (4-5 Volunteers Needed)

- **Mile 6: Liquids**

- (Approximately 90 Minutes)

- (3 Volunteers Needed)

- **Mile 12: Liquids**

- (Approximately 2 Hours)

- (3 Volunteers Needed)

- **Mile 15: Liquids + Food**

- (Approximately 4 Hours)

- (4-5 Volunteers Needed)

- **Mile 18: Liquids + First Aid**

- (Approximately 4 Hours)

- (5-7 Volunteers Needed)

- **Mile 21: Liquids + Food**

- (Approximately 4 Hours)

- (5-7 Volunteers Needed)

- **Mile 24: Liquids**

- (Approximately 4 Hours)

- (4-5 Volunteers Needed)

- **Finish Line: Liquids + Food & First Aid**

- (Approximately 6 Hours)

- (10-12 Volunteers Needed)

**Contact Ben Muhlestein or David Johnson to secure your sponsorship.**

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Please secure a sponsorship before July 21st to ensure that your organization logo is included within promotional materials.